

**Age and Level:** Teen Intermediate Class (can be a bit fast for a beginner class but can change the song or tempo - depending on skill)

**The name of the routine:** ATF Leaps

**Music, artist, and/or title of the piece:** Love Yourself by Billy Porter

**List learning objective(s):** Learning to do leaps with other steps in the combination, also working on confidence

**An example of creative imagery that you would use to teach it:** Let's look at the third level of the mezzanine and smile big for all of our fans up there! We can show them our nice pointed feet and straight legs while we are at it!

**Anticipated correction/caution:** use of plié and important moments to sit in the pocket of the music

**Starting position:** R foot back ready to start a jeté, facing SR

Abbreviation Key:

ATF - across the floor      FT - feet      FWD- forward      L - left      PDB - pas de bourrée      PVT - pivot

R - right      SR - stage right      V - arms above head, shoulders down, shaped in a V

| measure(s) | counts             | movement                           | head                     | arms                        | misc.  |
|------------|--------------------|------------------------------------|--------------------------|-----------------------------|--|
| 1          | &1, &2,<br>&3, &4, | R jete, L jete,<br>R jete, L jete, | Looking FWD,<br>NOT DOWN | Arms floating<br>above head | Making sure the FT<br>are pointed  |
| 2          | 5-6, 7-8           | R PVT turn, R PVT turn,            | Looking FWD,<br>NOT DOWN | Natural opposition          | PVT turn taking<br>you ½ turn each<br>time - should be<br>facing SR after both |

|   |               |   |   |   |   |
|---|---------------|---|---|---|---|
| 3 | 1&2,<br>3&4,  | R PDB,<br>L PDB,                            | Looking FWD,<br>NOT DOWN                              | Arms should be fun<br>and sassy                             |   |
| 4 | 5, 6,<br>7, 8 | R run, L run,<br>R saut de chat, L step out | Chin should be<br>lifted like looking<br>at a balcony | Arms in low 5th for<br>runs - arms in V for<br>saut de chat | Last run before<br>should be in plie for<br>preparation of saut<br>de chat, step out of<br>saut de chat should<br>also be in plie |

More Info: Combination will repeat and students will reverse on the SR side to perform the combination to the L side

PVT turn can be in pli   and very mobile

Avoid using “normal” arms for the jete